

Hearvana Audiology - When to Book a Professional Removal

Symptoms that often point to wax buildup

- Hearing change came on quickly, over days rather than months
- One ear feels full or blocked, like being underwater
- Your own voice sounds unusually loud or echoey
- Symptoms started after swimming, showering often, or heavy earbud use
- Mild ringing that began at the same time

What to avoid at home

- Cotton swabs
- Bobby pins or other rigid objects
- Ear candles
- Over-the-counter removal kits, without asking a professional first

When it is worth booking an appointment

- 1 A sudden change in hearing, in one or both ears
- 2 Persistent fullness or pressure
- 3 Discomfort, mild pain, or drainage
- 4 A home removal attempt that made things feel worse

Book professional earwax removal